



# ALLERGENELISTE

| SALATER MED DRESSING       | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. portion  |
|----------------------------|--------|--------------------|--------|------|----|------|------------|--------|-------|---------|---------|-------------------|
| WEGAN                      |        |                    |        |      |    | X    |            |        |       | X       | X       | 656               |
| MEXI                       |        |                    |        |      | X  |      |            | X      |       |         |         | 406               |
| FAVORITTEN                 | X      |                    |        |      | X  | X    | X          |        | X     |         |         | 628               |
| WILD CHILD                 | X      | X                  |        | X    | X  | X    |            | X      |       |         |         | 819               |
| CRISP                      | X      |                    | X      |      |    | X    |            |        |       | X       | X       | 438               |
| FARMER                     | X      | X (lyse croutoner) |        |      |    |      |            |        |       |         |         | 463               |
| CÆSAR                      | X      | X (lyse croutoner) |        | X    | X  |      |            | X      |       |         |         | 996               |
| OMEGA                      |        |                    |        | X    | X  |      |            | X      |       |         |         | 912               |
| BØF BEARNAISE              | X      | X (lyse croutoner) |        |      | X  | X    |            | X      |       |         |         | 614               |
| FALAFEL                    |        |                    |        |      |    |      |            |        |       | X       | X       | 602               |
| SALATER UDEN DRESSING      |        |                    |        |      |    |      |            |        |       | Vegansk | Vegetar | Kcal pr. portion  |
| WEGAN                      |        |                    |        |      |    |      |            |        |       | X       | X       | 396               |
| MEXI                       |        |                    |        |      |    |      |            |        |       |         |         | 306               |
| FAVORITTEN                 | X      |                    |        |      |    | X    | X          |        | X     |         |         | 409               |
| WILD CHILD                 |        | X                  |        |      |    | X    |            |        |       |         |         | 361               |
| CRISP                      |        |                    | X      |      |    | X    |            |        |       | X       | X       | 419               |
| FARMER                     | X      | X (lyse croutoner) |        |      |    |      |            |        |       |         |         | 331               |
| CÆSAR                      | X      | X (lyse croutoner) |        |      |    |      |            |        |       |         |         | 487               |
| OMEGA                      |        |                    | X      | X    |    |      |            |        |       |         |         | 579               |
| BØF BEARNAISE              | X      | X (lyse croutoner) |        |      |    | X    |            |        |       |         |         | 330               |
| FALAFEL                    |        |                    |        |      |    |      |            |        |       | X       | X       | 438               |
| SANDWICH                   | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. portion  |
| Kylling                    | X      | X                  |        |      |    |      |            |        |       |         |         | 556               |
| Tun                        | X      | X                  |        | X    | X  |      |            |        |       |         |         | 605               |
| Mozzarella                 | X      | X                  |        |      |    |      |            |        |       |         | X       | 563               |
| INGREDIENSER M. ALLERGENER | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. portion  |
| Edamame                    |        |                    |        |      |    | X    |            |        |       | X       | X       | 120               |
| Tangsalat                  | X      |                    |        |      |    | X    |            |        | X     |         |         | 35                |
| Fuldkornspasta             | X      |                    |        |      |    |      |            |        |       | X       | X       | 160               |
| Mozzarella                 |        | X                  |        |      |    |      |            |        |       |         | X       | 245 (pr. 100 gr.) |
| Tun                        |        |                    |        | X    | X  |      |            |        |       |         | X       | 440 (pr. 100 gr.) |
| DRESSINGER & TAPENADER     | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. portion  |
| Cæsardressing              | X      | X                  |        | X    | X  |      |            | X      |       |         | X       | 336               |
| Fransk dressing            |        |                    |        |      | X  |      |            | X      |       |         | X       | 243               |
| Gomadressing               | X      |                    |        |      | X  | X    |            |        | X     |         | X       | 251               |
| Urtdressing                |        | X                  |        |      |    |      |            |        |       |         | X       | 24                |
| Estragondressing           |        |                    |        |      | X  |      |            | X      |       |         | X       | 222               |
| Thaidressing               | X      |                    |        |      |    | X    |            |        |       | X       | X       | 15                |
| Chipotledressing           |        |                    |        |      | X  |      |            | X      |       |         | X       | 113               |
| Salsa romesco              |        |                    |        |      |    |      |            |        |       | X       | X       | 101               |
| Pesto                      |        | X                  |        |      |    |      |            |        |       |         | X       | 308               |
| Hummus                     |        |                    |        |      |    |      |            |        | X     | X       | X       | 236               |
| Harissa                    |        |                    |        |      |    |      |            |        |       | X       | X       | 443               |
| PROTEIN                    | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. 100 gr.  |
| Okse                       |        |                    |        |      |    |      |            |        |       |         |         | 206               |
| Varmrøgetlaks              |        |                    |        | X    |    |      |            |        |       |         |         | 216               |
| Kylling                    |        |                    |        |      |    |      |            |        |       |         |         | 165               |
| Pulled Pork                |        |                    |        |      |    |      |            |        |       |         |         | 168               |
| Wedo falafel               |        |                    |        |      |    |      |            |        |       | X       | X       | 36 (pr stk)       |
| Satayspyd (kylling)        | X      |                    |        |      |    | X    | X          |        |       |         |         | 142 (pr stk)      |
| MEJERIPRODUKTER            | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. 100 gr.  |
| Grana                      |        | X                  |        |      | X  |      |            |        |       |         | X       | 398               |
| Appetina (ko-feta)         |        | X                  |        |      |    |      |            |        |       |         | X       | 253               |
| Æg                         |        |                    |        |      | X  |      |            |        |       |         | X       | 137               |
| Tofu                       |        |                    |        |      |    | X    |            |        |       | X       | X       | 76                |
| TOPPINGS                   | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. 100 gr.  |
| Lyse croutoner             | X      | X                  |        |      |    |      |            |        |       | X       | X       | 450               |
| Mørke croutoner            | X      |                    |        |      |    |      |            |        |       | X       | X       | 215               |
| Peanuts                    |        |                    |        |      |    |      | X          |        |       | X       | X       | 567               |
| Cashewnødder               |        |                    | X      |      |    |      |            |        |       | X       | X       | 553               |
| Ristede græskarkerner      |        |                    |        |      |    |      |            |        |       | X       | X       | 585               |
| Sprøde majs                |        |                    |        |      |    |      |            |        |       |         |         | 428               |
| BRØD & DESSERTER           | GLUTEN | LAKTOSE            | NØDDER | FISK | ÆG | SOJA | JORDNØDDER | SENNEP | SESAM | Vegansk | Vegetar | Kcal pr. portion  |
| Romkugler                  | X      |                    |        |      | X  | X    |            |        |       |         | X       | 379               |
| Raw bites                  |        |                    | X      |      |    |      |            |        |       |         | X       | 386               |
| Vegansk foccacia           | X      |                    |        |      |    |      |            |        |       | X       | X       | 238               |

OBS: Der er ikke lupin, bløddyr, selleri, krebsdyr eller svovldioxid (mere end 10 mg. pr. kg.)